



**NORTH RIDGE CHURCH**  
of the CHRISTIAN & MISSIONARY ALLIANCE

2019

fall launch guide

# connect & grow

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North Ridge Church is  
*pursuing a passion for Jesus.*  
We are a *church not for ourselves,*  
*joyfully loving our city, and*  
*bringing hope to the nations.*

**Groups, Classes, & Projects** at North Ridge Church are designed to help us **connect & grow** in community as we pursue a passion for Jesus together— not only for ourselves, but for our city and for the world He loves. Following Jesus is the most fulfilling pursuit in life! We are meant to share in Him as a community, a body, a family. And we're called to love and serve in a way that draws others in, because every person is so valued by God and created to know Him through Jesus Christ. This is our joy— to be and make disciples, together!



**There are two types of groups at North Ridge —  
HOME GROUPS and FREE MARKET GROUPS.**

**Home Groups** are established as a committed investment in the lives of each member, typically for a year at a time.

- Listed by leader in the Home Groups section of the Launch Guide
- Intended for everyone who considers NRC their church family
- Sometimes content based, always maintaining a culture of relationship
- Based on one year at a time, resets every September
- Meets weekly or bi-weekly

**Free Market Groups** are other places to connect and grow around a common interest or opportunity.

- Listed by interest in the Free Market Groups section of the Launch Guide
- Created and led by anyone at NRC to help people connect and grow
- Typically based on a semester at a time; may reset, continue, or finish
- Meets weekly or bi-weekly



**HOME GROUPS** are for everyone who considers North Ridge Church their church home, and a great way for anyone new to North Ridge to get connected. They are the hub of our church family life, expressed through invested commitment to small groups of specific brothers and sisters. They meet and pray together, grow in special themes and studies, build lasting friendships, and share the joys and challenges of life over the year. However it may look for each person, everyone should plug in to a Home Group.

Home Groups usually begin in the fall. We encourage everyone to stay committed to a Home Group for a year at a time if possible, or if they join later in the year to continue until the next Fall Launch.

We are always interested in launching new Home Groups! It takes ordinary people, willing to encourage others as they walk with Jesus together. If you need help finding the right group for you, or might like to help start a new one, please contact the church office.

*Be devoted to one another in love... (Rom.12:10)*



## HOME GROUP GUIDE

Fall Semester, 2019

**TOM & AMY SMITH (North Ridge Area)**

**SUNDAYS 6:00pm, Weekly**

**Primary Location:** Smith's home,

This group is a great fit for anyone, and is situated near the church at a time that is helpful for those with students in Sunday night youth group.

**ROB & JULIE VOLSTAD (Blue Ridge/Crabtree Area)**

**SUNDAYS 6:00pm, Weekly**

**Primary Location:** Volstad's home,

This group is a great place to grow and a great fit for anyone. The Volstad's home is easily accessible especially from the north-west Raleigh area, and is still less than 8 miles from NRC.

**ROY & MARABETH RINGENBERG (North Ridge Area)**

**SUNDAYS 6:00pm, Weekly**

**Primary Location:** NRC Adult Min. Room,

This group is a great fit for anyone, meeting each week at NRC in the Adult Ministries Room next to the gym. It is an accessible location and convenient for those with students in youth group.

**STEVE & MARY LEONARD (North Raleigh Area)**

**SUNDAYS 6:00pm, 2x/month**

**Primary Location:** Leonard's home,

This group meets within 5 miles of NRC and will be a great fit for anyone. It is a 2x/month Sunday night group emphasizing personal relationships through prayer, dinners, game nights, and more. A great place for making new friends.



**DAN & AMY SEAMAN (Young Adults Group)**

**SUNDAYS 6:00pm, 2x/month**

**Primary Location: North Ridge Church**

This group is intended to be a great fit for young adults, from recent high-school grads, through college, young singles or marrieds. It meets 2x/month as an NRC Home Group to compliment the 2x/month Monday night Feast & Feast gathering of young adults from all around the area. The Young Adult Home Group also frequently meets in the various homes of its members.

**JEFF & JANE GRIMSHAW (New Hope & East Raleigh Area)**

**SUNDAYS 6:30pm, Weekly**

**Primary Location: Eck's home,**

This group is a great fit for anyone and easily accessible from the East Raleigh area.

**ED & KATHY LONG (North Ridge Area)**

**SUNDAYS 6:30pm, Weekly**

**Primary Location: Long's home,**

With discussions based on the Chip Ingram discipleship series, *LIVING ON THE EDGE*, this Home Group is a great fit for anyone and conveniently located nearby to the church.

**JESSICA ZUCH (WOMEN, Falls Lake Area)**

**MONDAYS 7:00pm, 3x/month**

**Primary Location: Zuch's home,**

This WOMEN'S GROUP is not limited to, but is an outstanding fit for moms who want to encourage and grow together. It is a counterpart to the "men's half" of the Zuch Home Group which meets on Wednesdays. If moms aren't able to leave the kids home with dad for group, they are still welcome to bring them along on Monday nights.



**SMITH & MILLER FAMILIES (North East Raleigh Area)**

**TUESDAYS 7:30pm, 2x/month**

**Primary Location:**

Smith's home, & Miller's home,

This group alternates between Stephen & Courtney Smith's home and Andrew & Rebecca Miller's home. It's a great fit for students, young professionals, single, or married, as they move through a couple discipleship books together over the year. It's also convenient for those looking for a mid-week, 2x/month group.

**JOHN ZUCH (MEN, North Ridge Area)**

**WEDNESDAYS 7:00pm, Bi-Weekly**

**Primary Location: NRC Family Life Center,**

This MEN'S GROUP is an outstanding fit for men who want to support one another and grow together in friendship and accountability. It's also counterpart to the "women's half" of the Zuch Home Group which meets on Mondays. Since the men meet on Wednesday nights, they can bring the kids along for Kids Clubs while they have their group time.

**BLANCHARD & WOLLUM FAMILIES (North East Raleigh Area) FRIDAYS 1:00pm, 2x/month**

**Primary Location:**

Carol Osterhus' home,

Led by Rich & Mary Blanchard and Art & Karen Wollum, this group is an especially great fit for senior adults who would prefer an afternoon meeting time. The group meets on the 2nd and 4th Fridays of the month.



**FREE MARKET GROUPS** are a way to cultivate disciple making relationships through the interests, gifts, and callings God gives each of us. They are an opportunity to share life in community, and to help people connect and grow in all kinds of creative ways. A Free Market Group may or may not overtly involve a Bible study or discussion. It might not meet at the church or involve mostly “church people.” The core element could be a common interest in almost anything— exercise, singing in a choir, sharing meals, deepening friendships, growing a more healthy marriage, or developing a skill. Yet when we’re intentional about allowing God to use these passions He’s given us to love and serve others in Jesus’ name, He will do amazing things in us, through us, and for His Kingdom.

There are many great Free Market groups available through North Ridge people, and we would always love to see more develop. Who do you have a heart for? What needs do you see? What do you enjoy that could be an opportunity, encouragement, or invitation for others? We want to hear from you!





## FREE MARKET GROUPS GUIDE

Fall Semester, 2019

### COLLEGE GUYS GROUP

**SUNDAYS 9:30am, Weekly**

Contact: Lucas Seaman

A community of college-age and part of the family at North Ridge Church: "We need each other. We're learning to follow Jesus together. We're discovering who we are and how we're uniquely gifted. We're committed to each other and we're taking ownership. We listen, respect, and honor each other. We pray with each other. We have fun. We are becoming leaders who impact world-culture with the Kingdom. People are drawn to us because Jesus walks among us." The College Guys Group meets in the **lower level of the Missions Center**.

### FIXER UPPER MARRIAGE SERIES

**SUNDAYS 6:30pm, starting Sept. 15th**

Contact: Dean & Karen Drummond

Chip and Joanna Gaines, creators of the cable series, "Fixer Upper" renovate houses for their clients. Their mission is: *"We take the worst houses in the best neighborhoods and transform them into our clients' Dream Houses."* This 10-week video and discussion series, hosted in **Dean and Karen Drummond's home**, will focus on what the Bible says about God's desire to transform your marriage into a Dream Marriage. Whether your marriage is in its infancy, it's on the rocks, or you've been married for decades, this will highlight biblical principles you can use to improve your partnership. Please email Dean and Karen for directions or more info.

### FEAST & FEAST

**MONDAYS 6:30pm, 2x/Month**

Contact: Whitney Drummond

Feast & Feast is a 2x/month gathering of young adults from all around the area and scores of different churches in the Triangle. It all started with 8 people and now has a reach to over 800. Each week 100+ share dinner together, followed by a time of feasting on Jesus through worship,



prayer, and also teaching on some weeks. The vision centers on worship, unity in the Church and revival in the city. For location and schedule information, see [www.feastandfeast.com](http://www.feastandfeast.com).

### **WOMEN'S SUPPORT GROUP**

**TUESDAYS 7:00pm, 2x/Month**

**Contact:** Royann Heckert

"The enemy knows that if he can isolate us, he can influence us! God created us to do life in a community of believers where we can stand on someone else's faith when our own gets shaky." (Lisa TerKeurst) We are a small group of women who meet to share our concerns and encourage one another. **Contact Royann for details and directions.**

### **PRAYER MEETING**

**WEDNESDAYS 7:00pm, Weekly**

**Contact:** Sam McGarvey

Most Wednesday nights, the Prayer Meeting gathers to lift up thanks and praise to God, to cover our church, our city, and the world in prayer, and to learn together how to pray. This group meets at North Ridge Church in the Family Life Center **Adult Ministries Room**.

### **NRC CHOIR GROUP**

**WEDNESDAYS 7:00pm, Weekly**

**Contact:** Amy Smith

The choir is led with a purpose behind the music-- to help people connect and grow as they praise the Lord and prepare for Sunday worship and special programs. The choir group meets for practice and prayer in the **NRC Sanctuary** on Wednesday nights and is always open for new members.

### **MEN'S BREAKFAST GROUP: MID-WEEK @ METRO**

**THURSDAYS 7:00am, Weekly**

**Contact:** Dean Drummond

A group of NRC men get together for breakfast, encouragement, and accountability each Thursday morning at **Metro Diner, 6325 Falls of Neuse Rd.**



### **MEN'S CONQUER SERIES**

**THURSDAYS 7:00pm, Weekly starting Sept. 26th**

**Contact: Mark Stewart**

**Informational Meeting on Sept. 26.** This exciting opportunity for men is about being equipped and empowered with a battle plan to walk in sexual purity. The Conquer Series is designed for men who want to know how to help their brothers and who desire in their own lives to break free and stay free from the snares of impurity that entrap men, hurt families, and weaken the church. The men begin by meeting all together in the **C.E. Long Missions Center** for the week's teaching video, followed by small groups for accountability, prayer, and encouragement.

### **MEN'S BREAKFAST GROUP: THE FELLA SHIP**

**SATURDAYS 7:30am, Weekly**

**Contact: Garth McKinney**

The "Fella-Ship" is a diverse group of Christian men who meet in order to grow in Christ and to be accountable in their Christian walk. The group is a collection of men from several different area churches, meeting in the **FLC classrooms** on Saturday mornings. They also work together for various giving and service projects. All are welcome! [www.facebook.com/themensfellowship](http://www.facebook.com/themensfellowship)

### **SISTERS IN PRAYER**

**SATURDAYS 7:00am, Weekly**

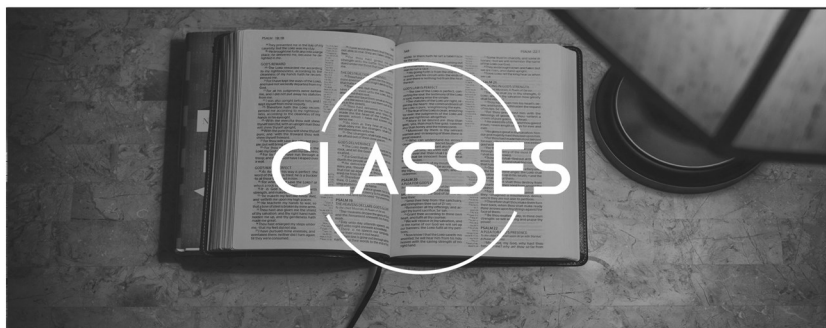
**Contact: Tami Miller**

A group of NRC women meet together for weekly prayer over one another, our church family & leadership, and individual & family needs. Sisters in Prayer meets in the **Missionary Resources Connection office**. (Back door of the church office on the far right end, near the drive)

### **KIDS CLUBS are coming too!**

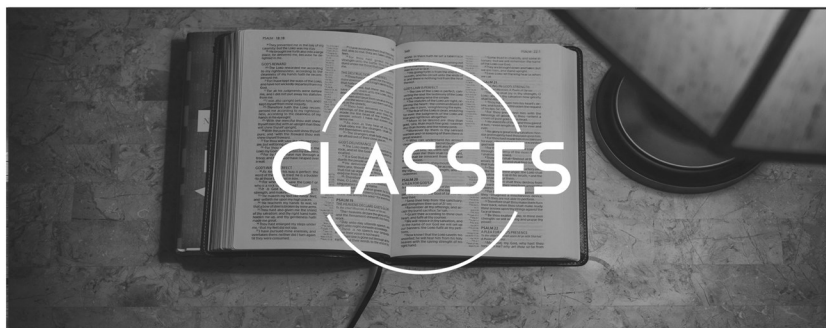
**Contact: Kelly Hosonitz**

Two rounds of **Wednesday night Kids Clubs** are coming up this fall, including Woodworking Club (Sept.18-Oct.9), Arm Knitting Club (Oct.30-Nov.20), and Bible Quizzing Club (Oct.30-Nov.20). Clubs are groups for kids, and a fun way for kids to explore new skills, make friends, and learn God's truth from wise and loving leaders. Watch the bulletin and kids updates for sign up info.



**CLASSES** are not just ways for us to learn, but they have great potential to help us love and serve others with what God has already taught us. Jesus told us to go make disciples, *teaching them* to obey everything I commanded you. Therefore, as disciples we need to see ourselves as students who are learning God's Word and how to obey what Jesus has showed us. And as disciple makers, we need to see ourselves as teachers who are willing to share God's Word and show how His truth works out into life. Discipleship and Bible classes at North Ridge teach the Word of God and help people grow up into healthy, fruitful lives of friendship with Jesus.

We also dream of seeing some in our church family step out with creative ideas to teach classes that friends and neighbors would appreciate or find useful. People who walk with God and trust His Word have so much to share, even without leading an overtly Bible oriented class. Things you love to do and know a lot about could be a great weekend morning class or weeknight series to serve people Jesus loves. Please share your ideas and interest!



## CLASSES GUIDE

Fall Semester, 2019

### THE BOOK of ISAIAH

**SUNDAYS 9:30am, Weekly Starting Sept. 8th**

**Class Leader:** Lara Line

**Location:** Family Life Center, F4 (large classroom)

Isaiah's name meant "the Lord is salvation", and this was his message for over 40 years. Through him the Lord pronounced judgment on the proud who sought to save themselves, but through him God also comforted the humble with glimpses of a Prince of Peace and a Suffering Servant... a desert blossoming... the prisoners set free... the hungry fed... and the homeless sheltered.

### A PRAYING LIFE (Ladies Class)

**SUNDAYS 9:30am, Weekly Starting Sept. 8th**

**Class Leader:** Susan Larsen

**Location:** FLC, Adult Ministries Room

A Praying Life: Connecting With God in a Distracting World. Prayer is all about relationship. Based on the popular seminar by the same name, A Praying Life has disciplined thousands of Christians to a vibrant prayer life full of joy and power. When Jesus describes the intimacy He seeks with us, He talks about joining us for dinner (Revelation 3:20). A Praying Life feels like having dinner with good friends. It is the way we experience and connect to God. In A Praying Life, author Paul Miller lays out a pattern for living in relationship with God and includes helpful habits and approaches to prayer that enable us to return to a childlike faith.

### LIVING ABUNDANTLY

**SUNDAYS 9:30am, Weekly Starting Sept. 22nd**

**Class Leader:** Via Bell

**Location:** Family Life Center, F2 (corner classroom)

We will explore fullness in life from a spiritual perspective, investigate areas of missed joy, and address barriers such as stress and lack of margin that may rob us from the abundance God wants for us. If you feel parts of your spiritual and/or practical life are meh, or just want to better understand the gifts God has given you and the blessings of serving truth, come take a journey with us.



**PROJECTS** are opportunities we have to work together to show God's love and compassion in our city. Not only do we have the chance to be a blessing in our city, we can also invite those around us to join in. People all around us understand the importance of serving where there is a need. That is a discipleship opportunity! Lets serve where we can, meet needs where we can, and lead the way when we can!

## PROJECTS GUIDE

Fall Semester, 2019

**FIRST FRIDAYS at NORTH RIDGE ELEMENTARY**

Sept-Dec

Contact: Jessica Zuch

North Ridge Church has a special relationship through serving at North Ridge Elementary School. It all started with First Fridays, as each first Friday of the month, we bring a coffee/breakfast cart for the teachers and support staff. Now that they have returned to our neighborhood, we're looking for about 8-10 people/families to volunteer, and they will be given the opportunity to sign up on the schedule to provide a breakfast/snack item for a specific month. Arrangements will be made for Jess to bring what you've prepared to the teachers and staff, and of course if you would like to come too, just let her know. These community hero's have been so encouraged by the practical expressions of love by the people of North Ridge Church. Simply put, the work is easy, but the impact is big! Please contact Jessica Zuch if you're willing to help this year.



## **SOS TEAM at NORTH RIDGE ELEMENTARY**

**Sept - Dec**

**Contact: Dan Seaman**

Recently we learned that changing classroom dynamics at NRE are bringing new challenges for teachers to help support the well being of kids who may not have a fully stable home environment. We want to adopt a class at NRE and be an "SOS Team" for a teacher to call whenever and however needed. Occasionally there are needs to meet such as a pair of shoes or a backpack, extra food items, school supplies, or even someone to be a "buddy" for special event days when other kids have parents involved. We want to start with at least 1 SOS Team of about 5-6 people who can work together to respond quickly when there is a need to be met, and perhaps we will be able to add other teams to adopt additional classrooms in the future. Please contact Dan Seaman if you're willing to help launch this special serving opportunity.

## **FAMILY BREAKFAST & WORKDAY**

**SATURDAY, October 5th 8:00am-12:00pm**

**Contact: Dan Seaman**

Would you consider joining us for a FAMILY Breakfast & Workday on Saturday, October 5th at 8:00am. All ages are encouraged to come, and if you have littles, they will be welcome to help alongside mom and dad. It's a fun memory to build together. There are plenty of tasks to do around the church property and we need all hands on deck to make the work light for all. More details coming soon.

## **HUNGER PROJECT**

**FRIDAY, November 8th 1:00pm-3:00pm**

**Contact: Dan Seaman**

You will be so glad you took time to serve at the Hunger Project! Together with a team from the Ameriprise Financial company, we will work together to provide and prepare more than 25,000 meals to Wake County children and families facing hunger this winter. It is an extraordinary



impact for very little time and cost. **There are two ways to help:** 1) Anyone can help sponsor the Hunger Project through giving. At just 25 cents per meal for the ingredients, any amount makes an impact, and it's possible for us to help provide for thousands of meals. Just mark your contribution "Hunger Project." 2) We'd like to see an army of volunteers ready to serve on the assembly lines we'll have ready in the Gym at North Ridge Church on November 8th. It is a really fun afternoon not to be missed! Stay tuned for sign up details, or contact Pastor Dan Seaman for more information.

## **OPERATION CHRISTMAS CHILD**

**November 1st-11th**

**Contact: Margaret Jordan**

We're excited to be a part of this world-wide effort to share the love of Jesus with millions of children at Christmas time. **The Live Oaks** at North Ridge are sponsoring the Operation Christmas Child project again this year and everyone can participate. Starting this November, OCC details, boxes, instructions, and collection area will be in the church lobby. Each donor packs a shoe-box sized package with fun and helpful items from the suggestion list, along with a \$9 contribution for processing and shipping through the Samaritan's Purse organization. Let's aim for 100+ boxes from our church family this year!

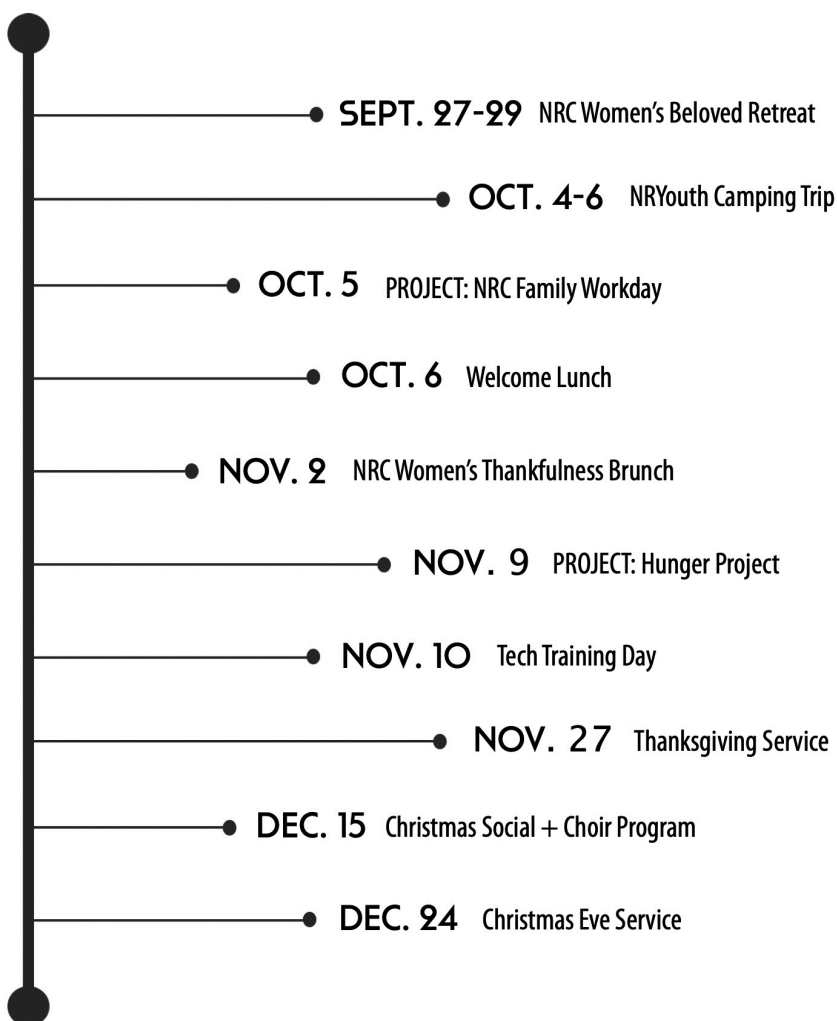
***What Project ideas do you have? You can help develop a Project as an opportunity for everyone to serve. These are some of our best, most practical ways to joyfully love our city or bring hope to the nations! Please talk with Pastor Dan if you have ideas.***

***We'd also love to hear from you about Classes at North Ridge! Your feedback is valuable, and we always appreciate hearing from those who may have an interest and gifting for teaching. Please get in touch with our Classes Director, Leanne Barnard to share your thoughts.***



# UPCOMING EVENTS

Here are a few of our upcoming events in our Fall Semester. You can find descriptions for these events on the following pages.



# UPCOMING

## Descriptions

### **NRC Women's Beloved Retreat**

**Sept. 27-29**

**Contact:** Elise Carlson

Ladies, this year we have a very special weekend planned for the annual North Ridge Women's Weekend which will be held on September 27-29 at Lake Gaston. We'd love for you to join us as we gather for a wonderful time of sweet fellowship, worship, sharing and fun on the lake. Cost is \$120 (with a \$50 deposit due upon registration) which will include lodging for two nights and 6 meals together. Online Registration BEGINS Sept 15. See/contact Elise Carlson with any questions,

### **NRYouth Camping Trip**

**Oct. 4-6**

**Contact:** Dustin Miller

Sign ups are now open for the NRYouth Annual Camping Trip! This is always such a fun trip together. There is no charge, but students will need to pay for food on the road/bring food for campsite. More details and sign up information can be found on [northridgeyouth.org/camping](http://northridgeyouth.org/camping)

### **NRC Fall Welcome Lunch**

**Sunday, Oct. 6**

**Contact:** Dan Seaman

New to North Ridge? You may be here for the first time, in the process of discovering, or recently decided to make North Ridge your church home. Welcome! We would like to invite you to a special Welcome Lunch on Sunday October 6th after the second service. The Welcome Lunch will be held down the hall in the Missions Center. There is no cost for you, and no obligation or expectation to join- just a great chance to connect with a handful of other families, some leaders, and pastors.

### **NRC Women's Thankfulness Brunch**

**Saturday, Nov. 2nd**

**Contact:** Elise Carlson

All ladies are invited to the North Ridge Women Thankfulness Brunch in November. We will have someone special share their testimony with us that morning. More details coming soon!

# EVENTS

## Descriptions

### **Tech Training Day**

**Sunday, Nov. 10th at 1:30pm**

**Contact: Dan Seaman**

Every Sunday, we have a wonderful team of people who volunteer to help us run all of our audio and visuals during our services. We are always looking for more volunteers in this area, but it requires a little bit of training. So this semester we have decided to set aside some time for anyone who is interested in helping us out. Please contact Dan to let us know you are coming!

### **Christmas Social + Choir Program**

**Sunday, Dec. 15**

**Choir Contact: Amy Smith**

Please JOIN US for our annual Christmas Choir Program on Dec. 15 at 6:00 PM. Immediately following will be our Christmas Social in the Family Life Center. We will have more information and ways you can help out closer to the date. If you would like to be a part of our choir, they begin practice on Sept. 11th at 7:00pm!

### **Live Oaks Events**

**First Thursday of Every Month**

**Contact: Margaret Jordan**

The Live Oaks is a monthly fellowship gathering of adults at North Ridge, age 50 and up. September through May, the Live Oaks gathering typically meets on the first Thursday of the month for events such as pot-luck or catered dinners, hymn sings, special music concerts, occasional outings, and more. Details are available in the Sunday morning bulletin each month. For information about The Live Oaks, please contact Margaret Jordan.

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# join the

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# TEAM

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## HELP WANTED! (always!)

We believe that serving together, especially as we understand how God has called, prepared, and gifted us, is among the most fulfilling blessings in life! Please think and pray about how He might use you to serve in His Body at North Ridge Church! Here are some of team leaders often looking for help in a variety of ways:

- **WELCOME TEAM:** Steph Drummond,
- **CHILDREN'S MINISTRY TEAM:** Kelly Hosonitz,
- **YOUTH MINISTRY TEAM:** Dustin Miller,
- **WOMEN'S MINISTRY TEAM:** Elise Carlson,
- **MEN'S MINISTRY TEAM:** Dean Drummond,
- **LIVE OAKS LEADERSHIP:** Margaret Jordan,
- **CLASSES TEAM:** Leanne Barnard,
- **WORSHIP/TECH TEAM:** Dan Seaman,
- **SOCIAL COMMITTEE:** Mary Leonard,

